The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u> . The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only				
a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>BlueKC.Com</u> or by calling 1-877-410-6716. For general definitions of common terms, such as <u>allowed amount</u> , <u>balance billing</u> , <u>coinsurance</u> , <u>copayment</u> , <u>deductible</u> , <u>provider</u> , or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-410-6716 to request a copy.				
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Important Questions	Answers	Why This Matters:		
What is the overall <u>deductible</u> ?	\$0 individual / \$0 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .		
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://</u> <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .		
Are there other deductibles services?	No.	You don't have to meet <u>deductibles</u> for specific services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$700 individual / \$1,400 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket</u> <u>limit</u> has been met.		
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, and penalties for failure to obtain preauthorization for services may be incurred, which can result in the cost of the service being your responsibility.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .		
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.BlueKC.com/qhp/</u> <u>bs/sc</u> or call 1-877-410-6716 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.		
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .		

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.				
	Services You May Need	What You Will Pay		
Common Medical Event		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 <u>copay</u> /visit	Not covered	No charge for services received from a designated Spira Care Center <u>provider</u> . Other services/procedures that are performed in a physician's office are subject to the <u>network</u> <u>deductible</u> and <u>coinsurance</u> level (excluding lab).
	<u>Specialist</u> visit	\$50 <u>copay</u> /visit	Not covered	Same limitations as primary care.
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
lf you have a test	Diagnostic test (x-ray, blood work)	50% <u>coinsurance</u>	Not covered	Blood Work: No charge if performed in <u>In-</u> <u>Network provider</u> 's office/independent lab. X-rays and other radiology procedures performed in an In- <u>Network</u> physician's office will not be subject to the applicable Cost-Sharing if you are required to pay your office visit <u>Copayment</u> .
	Imaging (CT/PET scans, MRIs)	50% <u>coinsurance</u>	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bluekc.com/ 2023IFPSGACAKS	Generic drugs	RxSelect-Walgreens: Low Cost Generic Retail \$5 <u>copay</u> /fill; Low Cost Generic Mail Order \$15 <u>copay</u> /fill; Generic \$10 <u>copay</u> /fill; Generic Mail Order \$30 <u>copay</u> /fill	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to 34 day supply (retail) and between 35 to 102 day supply (mail order).
	Preferred brand drugs	RxSelect-Walgreens: Retail \$50 <u>copay</u> /fill; Mail Order \$150 <u>copay</u> /fill	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to 34 day supply (retail) and between 35 to 102 day supply (mail order).

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Non-preferred brand drugs	RxSelect-Walgreens: Retail \$200 <u>copay</u> /fill; Mail Order \$600 <u>copay</u> /fill	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to 34 day supply (retail) and between 35 to 102 day supply (mail order).	
	Specialty drugs	Generic <u>Specialty drugs</u> / Preferred <u>Specialty drugs</u> : \$300 <u>copay</u> /fill; Non- Preferred <u>Specialty drugs</u> : 50% <u>coinsurance</u>	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to 34 day supply (retail).	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	50% <u>coinsurance</u>	Not covered	Certain outpatient surgeries and services must be prior authorized. Failure to obtain approval may result in the cost of the service being your responsibility.	
	Physician/surgeon fees	50% <u>coinsurance</u>	Not covered	None	
	Emergency room care	50% <u>coinsurance</u>	50% coinsurance	None	
If you need immediate medical attention	Emergency medical transportation	50% <u>coinsurance</u>	50% coinsurance	None	
	<u>Urgent care</u>	\$30 <u>copay</u> /visit	\$30 <u>copay</u> /visit	Same limitations as primary care.	
If you have a hospital stay	Facility fee (e.g., hospital room)	50% <u>coinsurance</u>	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.	
	Physician/surgeon fees	50% coinsurance	Not covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$10 <u>copay</u> /visit; Therapy in a <u>Provider</u> 's Office: 50% <u>coinsurance</u> ; Therapy in a Facility: 50% <u>coinsurance</u>	Not covered	None	

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Inpatient services	50% <u>coinsurance</u>	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.	
If you are pregnant	Office visits	\$50 <u>copay</u> /visit	Not covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). You must pay your office visit <u>copayment</u> for each visit to a Physician for <u>Complications of Pregnancy</u> . Only one office visit <u>copayment</u> shall apply for Physician obstetrical services per pregnancy.	
	Childbirth/delivery professional services	50% <u>coinsurance</u>	Not covered	None	
	Childbirth/delivery facility services	50% <u>coinsurance</u>	Not covered	None	
	Home health care	50% <u>coinsurance</u>	Not covered	None	
	Rehabilitation services	50% <u>coinsurance</u>	Not covered	Speech: 90 visit Calendar Year maximum.	
	Habilitation services	50% <u>coinsurance</u>	Not covered	None	
If you need help recovering	Skilled nursing care	Not covered	Not covered	None	
or have other special health needs	Durable medical equipment	50% <u>coinsurance</u>	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.	
	Hospice services	50% <u>coinsurance</u>	Not covered	Prior authorization is required for service received at an inpatient facility. Failure to obtain approval may result in the cost of the service being your responsibility.	
If your child needs dental or eye care	Children's eye exam	\$25 <u>copay</u> /visit	Not covered	Limited to a child age 18 and younger.	

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's glasses	No charge	Not covered	Limited to 3 Pair of Lenses and 3 Frame(s) per Calendar Year for In- <u>Network</u> maximum. Limited to a child age 18 and younger.
	Children's dental check-up	Not covered	Not covered	None
Excluded Services & Other Co	overed Services:		•	
Services Your <u>Plan</u> Generally	Does NOT Cover (Check yo	our policy or <u>plan</u> document for more	information and a list of	any other <u>excluded services</u> .)
 Abortion (except when the li endangered) 	fe of the mother is	Acupuncture	•	Bariatric surgery
Cosmetic surgery Dental care		Hearing aids		
Long-term care		• Non-emergency care when traveling outside the U.S. •		Routine eye care (Adult)
Routine foot care (except for certain conditions) Weight loss pro		Weight loss programs		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Infertility treatment		Private-duty nursing	•	Spinal manipulation included under Rehabilitation services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Blue Cross and Blue Shield of Kansas City at 816-395-2953 or www.BlueKC.com, the Kansas Insurance Department at 800-432-2484 or at www.insurance.kansas.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.BlueKC.com, the Kansas Insurance Coverage through the Health Insurance. For more information about the Marketplace. For more information about the https://www.HealthCare.gov or call 800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Kansas Insurance Department at 800-432-2484 or at <u>www.insurance.kansas.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not applicable.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments, and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

The plan's overall deductible	\$0
Specialist copayment	\$50
Hospital (facility) coinsurance	50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing		
Deductibles	\$0	
<u>Copayments</u>	\$50	
Coinsurance	\$700	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is \$7		

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The plan's overall deductible	\$0
Specialist copayment	\$50
Hospital (facility) <u>coinsurance</u>	50%
Other <u>coinsurance</u>	50%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$700
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$700

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist copayment	\$50
Hospital (facility) <u>coinsurance</u>	50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
\$0	
\$0	
\$700	
\$0	
\$700	

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-816-395-2121.

Discrimination is Against the Law

Blue Cross and Blue Shield of Kansas City (Blue KC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue KC, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-395-7126.

如果您,或是您正在協助的對象,有關於 Blue KC 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話 1-844-395-7126.

Blue KC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Customer Service, 844-395-7126 (Toll free), languagehelp@bluekc.com.



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